

WHAT I KNOW...

Do you have questions about how your person died? Have kids or adults in your world said things that you know aren't true? Write or draw about it below.

Here's what I know about how my person died...

Things other people have said about how my person died that I don't believe are true...

Questions I still have about how my person died...

P.S. You can also list people you can go to with your questions.



The mission of Dougy Center is to provide grief support in a safe place where children, teens, young adults, and their families can share their experiences before and after a death. We provide support and training locally, nationally, and internationally to individuals and organizations seeking to assist children who are grieving.

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employeerelieffund.org/brave-of-heart-fund