GRIEF CREATURE

Imagine that the grief creature lives inside this cave...write or draw about your grief creature below.

What does it look like? Is it friendly, angry, sad, happy...all of these? None of these?
How does it sound? Does your grief creature have a name?
What does it do?
The mission of Dougy Center is to provide grief support in a safe place where children, teens, young adults, and their families can share their experiences before and after a death. We provide support and training locally, nationally, and internationally to individuals and organizations seeking to assist children who are grieving.

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employeerelieffund.org/brave-of-heart-fund