

It's common to miss people throughout the day, even people we see all of the time. Who are you missing today?

For Teachers and Caregivers:

Children can have lots of thoughts and feelings about the people they care about. This worksheet helps children connect with the thoughts and feelings they have about someone they are missing. It might be someone who has died, someone they can't spend time with, or someone they see a lot, but are missing in this moment. You can do this activity with one child or a whole group. Start by asking, "Who are you missing today?" and then invite them to draw a picture of them on this sheet. Here are some possible prompts to expand the conversation:

- Who are you missing today?
- What's their name?
- What do they look like?
- What's something they like to eat?
- If you could ask them a question, what would you ask?
- What's something you remember about them?



