



# 2019 Report to the Community

The Dougy Center  
The National Center for Grieving Children & Families

## You Make a Difference

Thank you for your support in helping us achieve the transformational goals outlined in our strategic plan, and our vision as a family-centered, mission-driven organization. It has truly been a remarkable time at The Dougy Center.

In the past year, we provided grief support services to 2,281 children, teens, young adults and their family members, and provided more than 8,000 people with trainings (internationally, nationally, and locally) and interventions. We welcomed 25 participants to our International Summer Institute, including our first ever New York Life scholarship recipients, made possible through a grant from the New York Life Foundation. Through a partnership with KinderCare Education, we published a new book, *The Youngest Grievers: A guide for loss and life transitions* — a tool for caregivers and parents focusing specifically on preschool-age kids and younger. A second new resource, *Family Ties*, was funded by First Tech Federal Credit Union and includes activities, games, and practical information for when a family member is facing an advanced serious illness. And The Dougy Center was ranked 17th in the small nonprofit category in *Oregon Business* magazine's 100 Best Nonprofits to work for in Oregon listing — a ranking we are incredibly proud to share!

None of this could be possible without your generous and ongoing support.

## Our Reach in 2019

2,281 children, teens, young adults, and their family members attended bi-weekly grief support groups through The Dougy Center's programs in Portland, Hillsboro and Canby. 154 children, teens, and adults participated in our *Pathways* program.

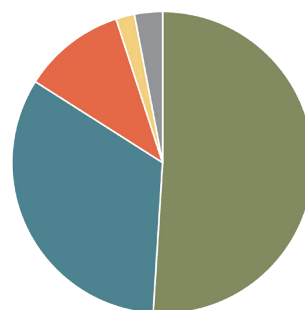
276 volunteer facilitators provided 26,182 hours of service equaling an in-kind contribution of \$646,538 in service hours (based on the Independent Sector 2018 valuation of one volunteer hour = \$24.69).

More than 990 local professionals including social workers, teachers, hospital staff and community members received trainings from The Dougy Center and 7,038 individuals received training nationally and internationally through our outreach work. 73 local community members received support and education through interventions immediately following a death. In total, Dougy Center staff responded to 23,134 informational, crisis, referral, and intake requests.

143,111 visitors searched for grief support resources on The Dougy Center's website and 10,039 books and other resources were purchased through the online bookstore.

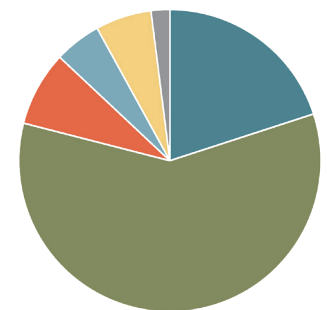
## Grief Support Groups in 2019

Person who died:



- Father: 51%
- Mother: 33%
- Siblings: 11%
- Grandparent: 2%
- Other, including close friend or partner: 3%

Cause of death:



- Illness/Medical: 59%
- Suicide: 20%
- Accident: 8%
- Homicide: 6%
- Overdose: 5%
- Other: 2%

## 2019 Financial Report\*

### Support & Revenue Sources:

Contributions	\$795,889
Special Events (Net)	791,434
Training & Bookstore (Net)	82,125
Other Income	54,767

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<b>Total Operational Support &amp; Revenue</b>	<b>\$1,717,067</b>
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### Expenses:

Program Services	\$1,449,637
Management & General	172,561
Fundraising	338,978

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<b>Total Expenses</b>	<b>\$1,961,176</b>
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\*For the Fiscal Year ending June 30, 2019

Independent audit by Hoffman, Stewart & Schmidt, P.C.

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