Pathways

A PROGRAM OF DOUGY CENTER

A program for children, teens, and adults when a family member is living with an advanced serious illness.

A place to find your path, when life takes an unexpected turn

When someone is diagnosed with an advanced serious illness, it can feel like no one understands what you're going through. Life is changing in every way, the future is uncertain, and everything can feel overwhelming.

While everyone's experience is unique, participants tell us how helpful it is to be with people who are on a similar path. **Through playing, talking, and listening, you and your family will find understanding, connection, and community.**

Pathways consists of a group for children, a group for teens, a group for adult caregivers, and a group for adults with an advanced serious illness. Support groups meet in-person at our Southeast Portland location, and are ongoing so your family can join any time.

Our program is provided at no cost. We are committed to providing services without adding any additional financial burden to families.

DOUGY CENTER

The National Grief Center for Children & Families

For more than 40 years, Dougy Center has provided grief support in a safe place where children, teens, young adults, and their families can share their experiences before and after a death.

To learn more about Pathways, contact us at 503.775.5683 or pathways@dougy.org, or visit our website at www.dougy.org.