



Support for people who are grieving DOUGY CENTER'S IMPACT

People served through peer grief support groups



2024: 2,733

2014: 1,729

2004: 696



183,881

Grief Out Loud

podcast episodes

downloaded in 2024.

Visit dougycenter.org/podcast

to listen

324,245

people from

194 countries

found support and
free resources on

dougycenter.org in 2024



Information, crisis, referral, and intake requests answered by Dougy Center Program staff

2024: 25,056

2014: 7,489

2004: 1,393



Volunteer Support

27,954 = \$936,145

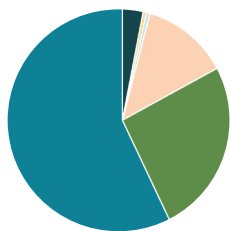
volunteer hours
contributed
in 2024

donation
value

source: Independent Sector

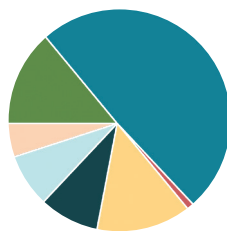
Grief Support Groups

Person Who Died:



- Father: 62%
- Mother: 21%
- Sibling: 14%
- Grandparent: 2%
- Close Friend/
Partner: >1%
- Other >1%

Cause of Death:



- Illness/Medical
(non COVID): 49%
- Suicide: 14%
- Accident: 14%
- Substance Use: 9%
- Homicide: 8%
- Unknown: 5%
- COVID-19: >1%



In 2024, the **LYGHT**
program was accessed

239 times

by youth in foster care;

100% of youth would
recommend L.Y.G.H.T. to their peers

The Need for Dougy Center in the Portland Metro Area



An average of

118 kids
and 91 adults

were on the waiting list to get into a
Dougy Center grief support group

31% of Dougy Center
families report they live
below the poverty level

Cost to families for
groups, resources,
and support = \$0



1 in 11

youth in the United States
will experience the death of a
parent or sibling by age 18

source: Childhood Bereavement
Estimation Model (CBEM)