



YOU'RE INVITED TO JOIN DOUGY CENTER'S TAPESTRIES GROUP

Individual Journeys – Beautifully Interwoven

Tapestries is a culturally specific grief support group for Black and African American families at Dougy Center: The National Grief Center for Children & Families, in partnership with Sakura Counseling.

Tapestries is supportive space where Black and African American families can share their experiences of grief and connect with others. Dougy Center programs are provided at no cost to families.

WHO CAN ATTEND:

Families with children ages 6 to 12 who have experienced the death of someone important in their lives — regardless of the cause or circumstances of the death.

WHAT TO EXPECT:

Children are placed in age-based peer support groups, while adult caregivers have the option to attend a separate support group with other adults. Each group offers a safe, confidential environment to share stories, listen, and support one another with kindness and respect.

NO COST:

All Dougy Center programs and resources are provided at no cost to families.

ADDITIONAL RESOURCES:

In addition to Dougy Center's support groups, there are hundreds of resources, including tip sheets, activities, podcasts, and more available at dougy.org.

TAPESTRIES



The National Grief Center
for Children & Families

For more information or to sign up for an orientation, contact Dougy Center at 503-775-5683 or help@dougy.org