

Grief can be
lonely, but you
don't have to
be **alone.**



Rheagan, 7
*Dougy Center
participant*

here.now.

THE CAMPAIGN FOR DOUGY CENTER WEST

Why build?

We know grief. Dougy Center provides support in a safe place where children, teens, young adults, and families who are grieving can share their experiences before and after a death. We also provide support and training locally, nationally, and internationally to individuals and organizations seeking to assist children who are grieving.

Childhood bereavement is a critical public health issue and an increasingly important national priority. The death of a parent, sibling, or other important person in a child's life is one of the most frequently reported disruptive childhood experiences and without support, can lead to adverse health and welfare outcomes.

Our top priority is to reach more children who are grieving who desperately need our services.

Our vision for Dougy Center West

New Permanent Home on the Westside

14,000 SF Building near Public Transportation

Our Renowned Music, Art, Big Energy, Volcano Rooms

National Training Center & Recording Studio

Indoor/outdoor Play Area

Spacious Parking Lot for Families

Our campaign goals

\$13.5M

Campaign Goal

\$10.55M

Dougy Center West

\$1.25M

Catalyst Fund

\$200K

Eastside Campus Upgrades

\$1.5M

Campaign Costs

30 months



SUPPORT FOR PEOPLE WHO ARE GRIEVING DOUGY CENTER'S IMPACT

People served through
peer grief support groups

2025: 3,348

2015: 1,270

2005: 1,013



162,532

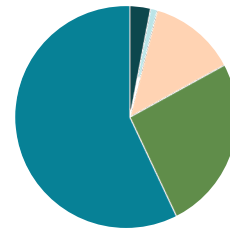
Grief Out Loud

podcast episodes were downloaded in 2025, with more than 1.3 million total downloads.

Listen at dougy.org/podcast

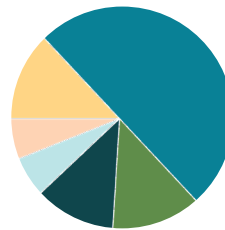
Grief Support Groups

Person Who Died:



- Father: 62%
- Mother: 21%
- Sibling: 12%
- Grandparent: 2%
- Other: 3%

Cause of Death:



- Illness/Medical: 50%
- Suicide: 13%
- Accident: 13%
- Substance Use: 12%
- Homicide: 6%
- Unknown: 6%

Information, crisis, referral, and intake requests answered by Dougy Center Program staff

2025: 23,095

2015: 7,148

2005: 1,510



346,230

people from **190 countries** found support and free resources on dougy.org in 2025

Volunteer Support

25,264 = \$878,935

volunteer hours contributed in 2025

donation value

source: Independent Sector

The Need for Dougy Center in the Portland Metro Area

An average of



213 people

were on the waiting list to get into a Dougy Center grief support group

31% of Dougy Center families report they live below the poverty level

Cost to families for groups, resources, and support = \$0



1 in 11

youth in the United States will experience the death of a parent or sibling by age 18

source: Childhood Bereavement Estimation Model (CBEM)

I don't attend grief group
because my mom died.
I attend grief group
because your mom
didn't.



Adam, 16
Dougy Center
participant