



SUPPORT FOR PEOPLE WHO ARE GRIEVING

DOUGY CENTER'S IMPACT

People served through
peer grief support groups

2025: 3,348

2015: 1,270

2005: 1,013



162,532

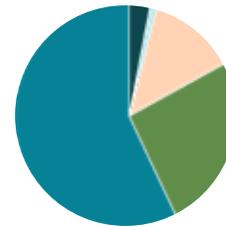
Grief Out Loud

podcast episodes were downloaded in 2025, with more than 1.3 million total downloads.

Listen at dougyc.org/podcast

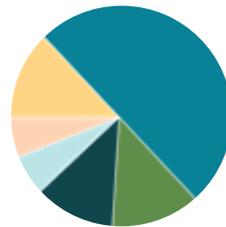
Grief Support Groups

Person Who Died:



- Father: 62%
- Mother: 21%
- Sibling: 12%
- Grandparent: 2%
- Other: 3%

Cause of Death:



- Illness/Medical: 50%
- Suicide: 13%
- Accident: 13%
- Substance Use: 12%
- Homicide: 6%
- Unknown: 6%

Information, crisis, referral, and intake requests answered by Dougy Center Program staff

2025: 23,095

2015: 7,148

2005: 1,510



346,230

people from **190 countries** found support and free resources on dougyc.org in 2025

Volunteer Support

25,264 = \$878,935

volunteer hours contributed in 2025

donation value

source: Independent Sector

The Need for Dougy Center in the Portland Metro Area

An average of



213 people

were on the waiting list to get into a Dougy Center grief support group

31% of Dougy Center families report they live below the poverty level

Cost to families for groups, resources, and support = \$0



1 in 11

youth in the United States will experience the death of a parent or sibling by age 18

source: Childhood Bereavement Estimation Model (CBEM)